

## FAQ – Temple of Kriya Yoga Home Study Courses

### What is the course tuition?

Hatha Yoga Teacher Training – Home Study (HYTT-HS) \$2,495 (\$2,245 if paid in full at time of registration, otherwise payments of \$995/\$500/\$500/\$500)

**Meditation Teacher Training Program(MTTP):** \$1,495 (\$1,345 if paid in full at time of registration, otherwise payments of \$495/\$500/\$500)

**Kriology Level I & II together:** \$1,950 (\$1,650 if paid in full at time of registration, otherwise six payments of \$325 each)

**Kriology Level I only:** \$975 (\$875 if paid in full at time of registration, otherwise three payments of \$325 each)

**Transits/Progressions:** \$275 per course

**Mystical Science of Kriya Yoga (MSKY):** \$295 which may be paid in three installments: \$95/\$100/\$100.

**Seminary:** \$25 application fee, \$375 per quarter, or \$ 1,350 for one year, or \$2,700 for two years.

When are the retreats held?

### **HYTT-HS Spring 2008 Session:**

First Required Retreat: July 17-20, 2008

First Optional Retreat: May 18-21, 2008

Second Optional Retreat: March 2009

Final Required Retreat: May 2009

### **HYTT-HS Fall 2008 Session:**

First Required Retreat: January 15-18, 2008

First Optional Retreat: May 2009

Second Optional Retreat: September 2009

Final Required Retreat: November 2009

There is also an annual HYTT-HS Alumni retreat held every March.

### **MTTP Spring 2008 Session:**

First Required Retreat: June 12-15, 2008

Second Required Retreat: September 18-21, 2008

**MTTP Fall 2008 Session:**

First Required Retreat: September 18-21, 2008

Second Required Retreat: TBA – may be January 2009

**Kriology**

One retreat per year, usually in October or November

**Seminary:** Retreat held every fall

**How much do the retreats cost?**

Current rates at the retreat center we use (subject to change):

Single occupancy room & board: \$395

Double occupancy room & board: \$350

Meals Only: \$175

Commuter without Meals: \$95 facilities fee

Ground transportation from O'Hare Airport to retreat center and back: \$75

Additional teaching fees may apply to optional retreats

**What if I am not able to attend one of the required retreats?**

**HYTT-HS**

The retreat may be made up with a future session of the course. It may also be possible to do the teaching demonstration (normally done at the final required retreat) at one of the optional retreats if necessary.

**MTTP**

The retreat must be made up with the next course session. If it is not made up at that time, the student must re-enroll in the program in order to be eligible for certification.

**SEMINARY**

Students need to attend two retreats before ordination.

**Does your HYTT-HS program meet the requirements for Yoga Alliance registry?**

The course hours meet the Yoga Alliance requirements for the 200-hour registry. However, the Temple of Kriya Yoga only requires two retreats for the certification. Each retreat counts for 40 contact hours. The Yoga Alliance

currently requires 180 contact hours for the 200-hour registry. In order to meet all Yoga Alliance requirements, students must attend a total of five retreats. These retreats do not need to be completed within the 12 months of study.

**Does the Temple of Kriya Yoga have any scholarships or qualify for federal financial aid?**

No

**Can my friend and I take the course together and share materials?**

We have found that it is best if students have their own materials. Each enrolled student must pay full tuition.

**What happens if I decide to withdraw from the course? Will I receive a refund?**

Refunds are based on materials received. For example, if a student pays tuition in full and only receives one quarter of the material before deciding to withdraw,  $\frac{1}{4}$  of the tuition would be withheld from the refund. A full refund may be given if materials are returned to the Temple in reusable condition.

Administrative/restocking fees may apply.