



PROGRAM E-18

THE AWAKENING

Nine Vital Principles of Karma

One of the key thoughts in the early stages of walking the path is a realization that almost all human personalities are in a self-destructive mode.

Some humans are less self-destructive, others are much more self-destructive, and still others are totally self-destructive.

The degree to which people are self-destructive to their happiness and success -- spiritually or socially -- is called negative karma, or better still, constrictive karma.

Guru Shelliji, in talking about the concept of constrictive karma, used the phrase 'angular energies'. This concept will be discussed later.

In this Awakening Program the terms used most of the time are: 'constrictive' karma, and 'constructive' karma. These terms refer to all levels of your existence.

Let's take a closer look: Exactly what is karma? The law of karma has two categories. *The first category is macrocosmic* and applies to everything in the cosmos from so-called inert matter. It includes the simplest protoplasm, planets, all solar systems, and all galaxies -- and everything in-between.

The second category is microcosmic and applies to any being that has evolved to self-consciousness.

The **first** principle: Karma is a procedure for the realization and manifestation of your (hidden) potentialities. Yes, it is about spiritual power, called 'yoga siddhi'. However, it is the power to control your mind and body, and not the power to control other people.

To imagine that karma is a force external to yourself is a total misinterpretation of the law of karma.

The **second** principle: Karma is one of the forces of the Cosmos, and of Life. Its function is to bring about adjustments in order to re-establish equilibrium of cosmos, and self.

The secret is to understand the Law of Utu, which we will deal with later.

At this point, what needs to be communicated is that one of the fundamental yoga siddhis is that you, and all life forms, have a measure of free will. However, as you become more aware and choose to make choices, free will expands and broadens, giving you greater freedom.

The **third** principle: Karma is a self-fulfilling energy field. Humans, super humans, or cosmic beings do not operate the principles of karma. It is a build-in system of Life; however, each being activates this force field by one's own actions -- physical, mental, astral, or otherwise.

The **fourth** principle: The mystical concept of karma states that you should not accept life 'as it seems to be'. The mystical concept is about awakening to your own yoga siddhi, or perceiving and distinguishing clearly your own nature -- and that of the total environment in which you find yourself -- and then acting with reflection and effective action, mentally and physically.

The **fifth** principle: If you can master the force field that generates and changes habits, you will have the yoga siddhi to align yourself with the cosmic force field that generates and evolves your inner universe.

The mystical pathway reveals that you do have a degree of freedom. The end result of how you choose to use that yoga siddhi, that freedom to choose, will reverberate throughout this incarnation, and beyond.

Here is the pattern:

- a. Related choices that you make again and again become preferences.
- b. In time, these preferences become habits.
- c. In time, these habits assume control, influencing, shaping and 'filtering' how you see and act in Life.

- d. The end result is that your mind thinks in terms of 'the way things *seem* to be', rather than in terms of 'the way they actually *are*'.

The great danger in this type of thinking is that the mind begins to believe that 'how things are', is the way they will always be. Thus, there is no effort to change or improve your life conditions.

The **sixth** principle: Once karma is set in motion, it must run its course. This means that its manifestation will always follow the path of least resistance.

Thus, there are two ways of looking at karma. One way is to see it as a continuation of past actions. The other way is to see karma as the influence of present intentions and actions. Both views should be reflected upon to give a more profound view of karma.

The **seventh** principle: The best way to deal with karma is to transform the quality of your thoughts.

Mystically speaking, prayer will not work **unless** those prayers produce an elevation of the quality of your thought patterns.

The **eighth** principle: Karma does not imprison you. In fact, the law of karma ensures your ultimate freedom by giving you your wishes. This manifests by the thoughts you think from moment to moment.

However, there is a 'time-delay' between the thoughts you collectively think, and their manifestation, internally as well as externally.

The **ninth** principle: In short, your past free will has been the root source of your present life conditions.

Thus, your present free will, and how you utilize it, will be the root source of all your future conditions, externally and internally.

Your present life manifests from your past, whether you conceive this to be from the past years of this life, or from past lives.

Your future life will manifest from your present life, whether you conceive this to be the years remaining in this life, or future lives.

These three 'times' are really one, or as some souls would say, they are all linked.

Throughout history, this has produced the concept that each human is responsible for their own actions, and thus personally accountable to subtler and higher states of consciousness within itself.

In ancient Greece, Platonists referred to it as 'Destiny'. In ancient Rome, the Stoic philosophers referred to it as 'Fate'. The Hindus and Buddhists refer to it as 'Karma'. The religions of the western world refer to it as the 'Will of God'. The Greek philosophers refer to it as 'Necessity', and modern scientists refer to it as the 'Laws of Nature'.

However, the mystics refer to it as the 'Principle of Inevitable Consequences'.

In any discussion on karma, the question of free will and predestination usually arises. The factor, which

never seems to arise, however, is that if there is predestination, it is not arbitrary!

The real determinants of your life are the improvements of your abilities, and the choices you made in the past; that is to say, the quality of your character. As has been said before: *Character is destiny.*

In short, there is an inevitable causation between your thoughts and your environment, between your actions and their end result. And yet again: between your character and your destiny.

Saying this differently, there is a direct link between the seeds you plant, and the quality of the soil. In terms of humans, there is also a direct link between your well-being and collective well-being.

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