

Recording 6 Study Questions and Answers

1. What do you have to do to solve the problems in a household, according to Shelly?
Solve the problems of each person in the household.
2. Why should you avoid fighting the boss?
The boss has his subordinates to deal with, as well as those above him. He's squeezed between two insanities.
3. How can we be serene in our society with its many power bases?
Keep in mind that it's about you, not about anything else, it's about what is going on inside you, and therefore your reaction to that which is external to you.
4. Why is patience an important part of serenity?
Because nothing in life that is good can be acquired instantaneously. Just be happy and stay on the path. What you desire will come, if not in this lifetime then in the next.
5. Who is it most important that you help?
Those who longer believe they're worthy of being helped. Or they've gotten themselves in such a karmic mess that it's impossible for them to help themselves.
6. What is the secret of helping others?
Do not interfere in their life. If you feel a great compulsion to help, wait until it goes away before you help.
7. How does Neti, Neti, Neti help you get rid of emotionality?
It simply recognizes I'm not this thought, I'm not any thought, I'm not this thought saying I'm that thought, I'm not thought. I may be my thoughts, I may be my body, but from a practical standpoint, say Neti, Neti, Neti enough times with the realization, then I break the power of the thought over me.
8. What is the most active law of creation for most people?
The law of desire.
9. What is the danger of the lack of a Saturn delay on the astral?
If you wish an astral entity dead, it immediately dies. And you've just killed a tremendous force in your being. You've cleared out the astral and made the astral energy-less, powerless, meaningless.
10. Why does Kriyananda believe avidya may mean ignorance, but the connotation is forgetfulness?
It is not that we're ignorant, we're omniscient, omnipotent, omnipresent. We simply fail to remember these factors.
11. What is the difference between the Akashic records and the Room of Books?
The experience that's put in the Akashic records is all people's emotional patterns. The memory banks in the Room of Books is the Akashic records made clean of the emotions, loyalties and prejudices.
12. Why is all experience good to the seeker and the sage?

Because we can see the experience and simply ask: why am I experiencing this? What is there to learn from this? What is the signpost pointing to me?

13. Why are most peoples' memory banks the enemy?

Because they are so emotional. They have to wipe out their memory banks with all that emotionality so they can pick up the true memory bank.

14. Why should you go beyond thoughts with the emotions that are linked to them, to a feeling state?

A feeling has no history, and therefore is dependable.

15. What are clues that you have not reached a state of cosmic consciousness?

If you have to ask someone else rather than experiencing inner certainty, and if you "rant and rave" about it rather than being quiet and peaceful.

16. What is the original connotation of the word "sin" in Aramaic, Greek and Hebrew?

To miss the mark.

17. What should we do to continue the flow of good karma into our lives?

Do good, and in doing good do as little harm as possible. Do merit. Serve. Be wise. Love softly. Speak wisely, speak helpfully. Do good deeds, think good thoughts.

18. Why does Kriyananda recommend playing with languages, and especially "dead" languages?

They express thoughts that you can receive without connotations.