

## Kriology 2 Recording 17 Study Questions and Answers

1. Why is it mystically important to play with all the languages you can?  
*In a sense the Sun is a symbol of the subject, in grammatical terms, and that which is seen is the object.*
2. In mysticism, what remains when there is no object?  
*There is just the Sun. There is just the subject. But if the subject cannot reflect itself upon anything, upon which it sees the object, there's not nothing. There is enlightenment.*
3. What is the ground of being?  
*You are the ground of being. You, not your body, you, not your mind, you, not your thoughts, you, not your ego, you, not your beholder, you, not that which is beheld, you.*
4. Why is it hard to remain awake and aware when you really start to meditate?  
*The inner world quiets down and become subtler and subtler, and the thoughts and feelings and words become subtler, subtler.*
5. How can you focus your mind when you reach nothingness and it's hard to stay awake?  
*The mind is a moving thing, it's a dynamic thing. So you find the point on the wall. And you draw a line or a walk around it, you circle around it. Keep walking around it and around it. And your mind will stay with that line, and continuous consciousness, as opposed to continual interrupted states of consciousness.*
6. What is the difference between the words continuously and continually?  
*Continuously means no interruption. Continually means it's in little segments, it stops but it starts again, it stops and it starts again, it stops and it starts again.*
7. Why is it important to reduce the form of the red demon?  
*Because the form is where the power is.*
8. What happens when you push the demon in bindu form so far that it seems gone?  
*It will disappear symbolically from your consciousness. It's gone, it's de-formed. But the energy is floating around somewhere. And if you don't do something with it, it'll just go find somewhere else to form itself up again, probably as a demon.*
9. When the energy comes back, what do you do with the form?  
*Nothing. You just keep bringing the dot towards you. As it comes toward you it may remain as a dot, and surprisingly it may form a form that your unconscious mind forms, not that you consciously form. You let the form -- the energy -- take the form that's convenient to it.*
10. What if it re-forms as a demon?  
*Because the coloration is changed, it is less destructive, or it is a demon that will do you a good deed.*
11. What did Kriyananda say he would do if this happened?  
*He would wonder why his subconscious mind was doing this. Why was it taking this form? And then he would question whether it was really demonic or not, and maybe do some other ritual to change it.*